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Take Ten: Daily Bible Reflections For Teens



Synopsis

Even if you already love The Catholic Youth Bible™ this daily reflection book gives you another 365 reasons to love it. Take Ten includes a lectionary-based reading for each day of the year. Readings are chosen from cycle A, B, or C, or are the exact reading for feast days or solemnities. Each day has a Scripture citation, a reflection, a short prayer, and a connection to an article in The Catholic Youth Bible.™ Take Ten helps young people apply biblical wisdom to their everyday life, and its smaller format makes it easy to carry. Its 365 connections offer young people one more way to pray, study, and live The Catholic Youth Bible™ more deeply every day.

Book Information

Paperback: 384 pages

Publisher: Saint Mary's Press (October 1, 2004)

Language: English

ISBN-10: 0884898210

ISBN-13: 978-0884898214

Product Dimensions: 1 x 4 x 8 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 9 customer reviews

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Age Range: 10 and up

Grade Level: 6 - 12

Customer Reviews

Very good family reading.

Best book for my kids, thank you

The entries all are short enough to give teens a spiritual point to consider in a few minutes a day. The entries are definitely related to a teen's life.

I bought this book about 13 years ago when I was about 14 years old (and preparing for confirmation). It really made for an excellent starting point in learning how to build a daily prayer life.

It has a daily scripture quote, reflection and prayer. The simple and to the point format work well for a busy life and the fact that it isn't the same thing repeated day after day held my attention. The reflections typically did a very good job of hitting home for me. If I have one complaint, it's that that there is a "going deeper" section at the bottom of each reflection that's meant to be used with the Catholic Youth Bible. I never had a copy of that (a Bible, yes, I have several actually, but not that particular edition) so that section never did me much good. I think that's a minor annoyance but you may want to consider buying the Catholic Youth Bible with it if you want to get the most out of it. When I outgrew the book I gave it to my brother who is 10 years younger than me. I'm now teaching a 7th grade religious ed. class and am seriously considering getting this for my students because I remember how instrumental it was for me in building a daily prayer life.

This book is amazing! Every morning I read the bible reflection of the day. I love how there is a bible reflection for each day of the year. These bible reflections relate to our daily lives and really make us think about the things that keep us away from God. Highly recommend this book as these reflections will draw you nearer to God and will help you increase/further practice your faith.

My daughter loves this little book! She has trouble sleeping and says it helps her to read these little verses before bed. She likes that it's a small amount of reading for each day and looks forward to reading!

I try to read this everyday and it's something everyone should have. Reading it at the beginning of the day just puts you in the right mindset and sets you up for a faithful day. You first have a scripture verse, then a passage that is modern and easy to relate to including an idea of something you can do to be a better person which is then followed by a short prayer. I feel like it keeps me in check and reminds me of the small ways to be a better Catholic, which are sometimes the most important.

This is a wonderful book. For each day there is a bible quote, reflection, and a prayer which are very easy to read and to relate to. I would recommend this book to anyone, especially if you want an easy way to reflect on the bible daily.

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